



## COVID-19 Positive OB Patient Information

Our community is experiencing high volumes of Covid infections. Vaccination is an important tool to reduce illness related to Covid. The CDC, Society of Maternal and Fetal Medicine (SMFM) as well as American College of Obstetrics and Gynecology (ACOG) recommend vaccination for all people including pregnant and breast feeding people.

There is an updated Covid booster vaccine that is becoming available in our community. It is recommended for all people 12 years and older, at least 2 months after the primary series vaccine. Check with your local pharmacy or health department for an appointment. The vaccine is often referred to as an “Updated Booster” or an “Omicron Booster”.

If you are pregnant and have been diagnosed with Covid or have symptoms of Covid, please reach out to our Alliance Nurse team during regular business hours. We will discuss:

- Quarantine times and any adjustments needed to appointments.
- Symptom management with rest, fluids, acetaminophen. Other pregnancy safe options are listed here:

<https://www.alliance-obgyn.com/wp-content/uploads/2021/02/Common-Problems-and-FAQsin-Pregnancy.pdf>

- For mild to moderate symptoms the use of prescription oral medication of Paxlovid that needs to be started within 5 days of symptom onset.