



We can discuss with you at your next appointment the use of vaccines in pregnancy and lactation, your level of risk of infection and your access to the vaccine from local agencies. Regardless of vaccination status, we recommend continuing with handwashing, physical distancing and wearing a mask.

Updates from Society of Maternal Fetal Medicine (SMFM) for Covid vaccines

[https://s3.amazonaws.com/cdn.smfm.org/media/2838/Provider_Considerations_for_Engaging_in_COVID_Vaccination_Considerations_3-3-21_\(final\).pdf](https://s3.amazonaws.com/cdn.smfm.org/media/2838/Provider_Considerations_for_Engaging_in_COVID_Vaccination_Considerations_3-3-21_(final).pdf)

- There is a lack of data related to fetal risk with the Covid-19 Vaccines. The three vaccines that are available against Covid-19 are mRNA vaccines and do not contain live virus. The theoretical risk to a fetus is thought to be low with mRNA vaccines. Other mRNA vaccines that function in a similar fashion have been used in pregnancy without adverse issues to the pregnancy. These vaccines include Ebola, HIV, and RSV adenoviral vaccine.
- The absolute risk of severe morbidity and mortality to Covid-19 remains low during pregnancy. Pregnant women who have severe disease to Covid-19 are at increased risk for ICU admission and death.
- A pregnancy test prior to vaccination is not recommended and there is no need to delay trying for pregnancy after the Covid-19 vaccine.
- Covid vaccine is recommended for women while breast feeding.
- SMFM and CDC recommend that pregnant women be in the priority group for vaccination.

Important information from American College of Obstetrician and Gynecologist (ACOG):

<https://www.acog.org/clinical/clinical-guidance/practice-advisory/articles/2020/12/vaccinating-pregnant-and-lactating-patients-against-covid-19>

- ACOG recommends that COVID-19 vaccines should not be withheld from pregnant individuals.
- While safety data in pregnancy are limited there is no data to indicate that the vaccines should be contraindicated and no safety signals were generated from DART studies for the Pfizer-BioNtech, Moderna, and Janssen COVID-19 vaccines
- COVID-19 vaccines should be offered to lactating individuals similar to non-lactating individuals when they meet criteria for receipt of the vaccine based on prioritization groups outlined by the ACIP.