



## **COVID-19 and Pregnancy**

At Alliance we are committed to your care and safety during the Covid-19 Pandemic. Information regarding pregnancy and risk continues to evolve.

This is the current information from American College of Obstetricians and Gynecology (<https://www.acog.org/clinical/clinical-guidance/practice-advisory/articles/2020/12/vaccinating-pregnant-and-lactating-patients-against-covid-19>)

- Available data suggest that symptomatic pregnant patients with COVID-19 are at increased risk of more severe illness compared with nonpregnant peers (Ellington MMWR 2020, Collin 2020, Delahoy MMWR 2020, Panagiotakopoulos MMWR 2020, Zambrano MMWR 2020).
- **Although the absolute risk for severe COVID-19 is low**, these data indicate an increased risk of ICU admission, need for mechanical ventilation and ventilatory support (ECMO), and death reported in pregnant women with symptomatic COVID-19 infection, when compared with symptomatic non-pregnant women (Zambrano MMWR 2020).
- Pregnant patients with comorbidities such as obesity and diabetes may be at an even higher risk of severe illness consistent with the general population with similar comorbidities (Ellington MMWR 2020, Panagiotakopoulos MMWR 2020, Knight 2020, Zambrano MMWR 2020).
- Given the growing evidence, CDC has included pregnancy as a factor that leads to increased risk for severe COVID-19 illness (CDC).
- Similar to the general population, Black and Hispanic individuals who are pregnant appear to have disproportionately higher prevalence of COVID-19 infection and death (Ellington MMWR 2020, Moore MMWR 2020, Zambrano MMWR 2020).
- Further, risk (Zambrano MMWR 2020) of ICU admission was higher for pregnant Asian and Native Hawaiian/Pacific Islander individuals.
- These disparities are due to a range of social and structural factors including disparities in socioeconomic status, access to care, rates of chronic conditions, occupational exposure, systemic racism, and historic and continued inequities in the health care system.

**If you have concerns about your potential level of risk due to your job, we encourage you to discuss these concerns with your physician or midwife at your next appointment. Most pregnant women will be able to continue to work.**

**We encourage pregnant and breast feeding medical personnel to be diligent about appropriate PPE and handwashing while taking care of all patients including Covid positive patients.**