

First Trimester Bleeding

First trimester bleeding is very common. Some causes of first trimester bleeding include implantation bleeding, threatened miscarriage, subchorionic hemorrhage (blood behind the placenta), and cervical irritation. Cervical bleeding is more common after intercourse, as the cervix is more vascular with pregnancy and is easily irritated.

If you are having bleeding, we understand that it will make you anxious. During office hours, please call and speak to a triage nurse and we will direct you. If it is after hours or on the weekend, and you are bleeding less than one pad per hour, you can safely wait until the office opens and call first thing in the morning and speak to a triage nurse. If you are bleeding more than a pad an hour and it is after office hours, please phone the on call physician or go to the emergency room. If you begin to have severe lower abdominal pain, we need to hear from you immediately or present to the emergency room.

Please know that 15-20% of women with normal, healthy pregnancies and deliveries will have had some bleeding in the first trimester.