

WHAT TO EXPECT AT YOUR IMPLANON INSERTION AND AFTERCARE

A 30 minute office appointment is scheduled for the insertion. Please check with your insurance carrier before the appointment to insure IMPLANON is a covered option for you or you are willing to pay for the device and procedure.

It is best to insert during the first five days of your menstrual cycle if you are not currently using a hormonal contraceptive (PILLS, IUD, PATCHES, NUVARING or DEPO SHOT). If you are using one of these methods the IMPLANON can be inserted during the patch, ring or pill free week or when the IUD is removed, or when the next shot is due.

If you are not using any of the above methods we ask that you use adequate contraception or abstain from intercourse for 2 weeks before the appointment and use a back up method of contraception for the 7 days after insertion.

A urine pregnancy test is generally done on the day of insertion.

You will need to lie on an exam table with your arm up next to your head while the skin is cleaned with a cleansing agent, a tiny needle is used to numb the area where the IMPLANON is going to be inserted.

AFTERCARE

A small steri- strip typed band aid will be applied to the insertion site (no stitches). Then a pressure dressing (a small folded piece of gauze and then a piece of gauze wrapped around the arm) will be applied. This should stay on 24 hours. The small band aid can be removed after 3 days (or replaced after showering with a fresh one). The steri strips should be left in place until they come off on their own (or in a week if not already off). Please keep the area clean and dry.

There may be bruising at the insertion site. You should call if you develop significant pain, swelling, or discharge at the insertion site or fever. You may be able to feel the device under the skin but do not “poke” at it for the first week.

The device can be removed at any point in your cycle and will take a tiny incision (no stitches) but must be removed at the end of three years. Please keep the card you are given with the date inserted and lot number in a safe place.

Remember it is very common to have a change in your bleeding pattern with the IMPLANON.

IMPLANON CODES

<u>Procedure Codes</u>	<u>Estimated Charges</u>
IMPLANON CODE: J7307	\$810.00*
INSERTION CODE: 11981	\$252.00*

Please contact your insurance company to verify that your policy will cover these procedure codes.

*Prices are subject to change. Please contact our office to verify.